

## **MEISA CONGRESS 2013 CURRICULA VITAE**

### **Allen, Brian (B.Psych, B.Sc) - Australia**

Brian Allen is a graduate of the University of Western Australia and a registered psychologist in full-time private practice in Perth, Western Australia. He is an authorised trainer in Parent Effectiveness Training, Teacher Effectiveness Training, Personal Empowerment, Youth Effectiveness Training and an authorised instructor in Leader Effectiveness Training. He is the immediate Past-President of The Australian Society of Hypnosis and a board member of The International Society of Hypnosis. He has over 30 years experience in the field of hypnosis both as a practitioner and a teacher. For the past 16 years Brian has conducted the Australian Society of Hypnosis's training programme in Western Australia. In addition he has been an invited speaker at state, national and international conferences.

### **Ashburner, Fergus (MA.Clin.Psych) - South Africa**

Fergus Ashburner is an intern clinical psychologist at the University of Johannesburg, South Africa. His interest lies in African epistemology and various psychotherapeutic modalities and Critical psychology. He has completed his fundamental and intermediate training in both Ericksonian psychotherapy and Ego State Therapy with the Milton H. Erickson Institutes of South Africa. Fergus sees the need to bring encompassing knowledge systems to clinical practice, particularly in the psychiatric setting and contextualise psychology to the South African setting. Fergus aspires to further knowledge and theory generation within psychology by publishing articles and presenting workshops.

### **Biberacher, Marlene (Dipl.Soz.Päd) - Deutschland**

Marlene Biberacher ist Diplomsozialpädagogin in München, Deutschland und arbeitet beim Evangelischen Beratungsdienst für Frauen. Dies ist eine Einrichtung für wohnungslose Frauen in sozialen Schwierigkeiten. Marlene Biberacher arbeitet schwerpunktmäßig mit Frauen in der Altersgruppe von 17-25 Jahren. Sie berät auch in eigener Praxis in Eching/ Nähe München, Deutschland, dabei liegt der Schwerpunkt in der Akutberatung nach traumatischen Ereignissen. Sie absolvierte eine Ausbildung in Traumazentrierter Fachberatung (Psychodynamisch Imaginative Traumatherapie) bei Peter Fricke, nach Luise Reddemann. Sie ist Mitbegründerin des Trauma Hilfe Zentrums in München und war von 2005 bis 2010 die zweite Vorsitzende. 2011 gründete sie mit Ulrike Beckrath-Wilking und Volker Dittmar das Trauma Institut Süddeutschland (TIS). Sie erarbeitete mit Ulrike Beckrath-Wilking und Volker Dittmar ab 2005 das Curriculum "Traumazentrierte Fachberatung-und Traumapädagogik", das 2011 durch die Deutsche Gesellschaft für Psychotraumatologie und der Bundes Arbeitsgemeinschaft - Trauma Pädagogik zertifiziert wurde. Sie veröffentlichte Artikel über Traumaberatung in der Sozialarbeit. Im November 2012 wird das Buch von Ulrike Beckrath-Wilking, Marlene Biberacher und Volker Dittmar "Traumaberatung, Traumatherapie und Traumpädagogik" beim Junfermann Verlag (Paderborn) erscheinen. Derzeit unterrichtet sie in verschiedenen Institutionen in München, Bayern und nahe Berlin in Traumafachberatung. Seit 2011 Zusammenarbeit mit Woltemade Hartman Ph.D, Einführung, Vertiefung und Spezialseminare in Ego-State-Therapie in München.

**Carolusson, Susanna (M.Sc.Lic.Psych) - Sweden**

Susanna Carolusson is a qualified and licensed psychologist and psychotherapist, hypnotherapist, body psychotherapist, organisational psychologist and a certified university supervisor and teacher. Susanna started her career as a psychologist in paediatrics more than 30 years ago and continued to work in the domain of psychiatry with adults. She then started working in private practice as a therapist and organisational psychologist. She then became the educational director of the Swedish Society for Clinical Hypnosis (SSCH) at Gothenburg University. She has published two books, co-authored four books and written 20 articles on hypnosis, psychotherapy, clinical psychology, critical science, trauma, brain injury and communication. Susanna is honorary member and past-president of the SSCH, a delegate in the European Society of Hypnosis and vice-president of Ego State Therapy International (ESTI). She teaches and supervises colleagues in psychotherapy, hypnosis, family therapy, rehabilitation etc. She also acts as a therapist for psychology students at Gothenburg University. She supervises physicians, psychologists and teams in community health-, trauma- and pain clinics. She is a frequently invited presenter at international congresses.

**Combrinck, Candice (MA.Clin.Psych) - South Africa**

Candice Combrinck is an intern clinical psychologist at the University of South Africa in Pretoria, South Africa. She has a special interest in African epistemology, family therapy and child psychotherapy. Being exposed to a variety ways of knowing, Candice has a keen interest in African epistemology and how it has impacting her growth as a therapist, how it can translate into psychotherapy and looking at the relevancy it has in the South African context. Candice has recently presented two presentations at the International Congress of Psychology in Cape Town. She aspires to write and publish articles in journals as well as present at conferences.

**Da Silva, Jenny (M.Ed.Psych) - South Africa**

Jenny da Silva is a registered educational psychologist in private practice in Randburg, South Africa. She received her training as an Ericksonian psychotherapist and Ego State Therapist through the Milton Erickson Institutes of South Africa (MEISA). She is also trained in Eye Movement Integration (EMI) and Somatic Experiencing (SE). She has presented at international congresses in the United States and Germany and at national conferences on the utilization of Ericksonian principles in conjunction with Ego State interventions with children. She is currently completing her Ph.D in Ericksonian and Ego State intervention strategies to help children process grief. Jenny is a regular speaker on radio and television in South Africa.

**De Benedittis, Giuseppe (M.D., Ph.D.) - Italy**

Giuseppe De Benedittis is associate professor of Neurosurgery and Director of the Inter-departmental Pain Center at the University of Milano, Italy. He is also Vice-President of the Italian Society of Hypnosis and member of the Board of the ISH. He has received the 2009 Ernst R. Hilgard Award for Scientific Excellence by the ISH. His main areas of interest include chronic pain, neurophysiological correlates of hypnosis and hypnoanalgesia. Prof. De Benedittis has been a keynote speaker,

presented papers and conducted workshops at national and international congresses in Germany, Netherlands, Hungary, Israel, Bulgaria, Poland, Singapore, Mexico and USA on various topics related to hypnosis. He has also published more than 200 professional publications on pain and hypnotic issues, including five monographs.

### **De Swart, Sorika (MA.Psych) - South Africa**

Sorika de Swardt is a social worker with eighteen year's experience. She is currently pursuing her Doctorate degree in Psychology. She has extensive experience in child and family welfare, child protection, trauma, medical and psychiatric social work and children with challenging behaviour. She specialized in the United Kingdom between 2001 and 2007 in Mental Health and Forensic Dual Diagnosis. There she developed a service in a Forensic treatment unit, as well as a training program which was nominated in 2005 for the NIHME Quality awards in England. She lectured on the Mental Health Act and Dual Diagnosis subjects to Post Qualified Health Social Workers at Essex University. In 2006 she completed research regarding the effect of severe mental illness on family and carers. The outcome was made into a short educational film by Arklight Media, of which Sorika was the clinical producer. This DVD won the Silver Quality Trust award in 2007 as part of a training package. In March 2007, Sorika and her family returned to South Africa where she practiced as Assistant Director for the NG Ministry of Caring, involved in Training, Audit, Psychometric Evaluation and Therapeutic Services. She presented at the 3rd MEISA World Congress in 2010 and the National SAPSAC congress in 2010. Whilst in South Africa she still frequently visited the United Kingdom to offer training and in 2009 she developed an online e-learning package for the South Essex NHS University Partnership Trust. Currently Sorika practise as private practitioner rendering services at psychiatric hospitals, rehabilitation centres and a mediation unit on the East Rand.

### **Diale, Boitumelo (Ph.D) South Africa**

Boitumelo Diale, is a senior lecturer and an educational psychologist at the Department of Educational Psychology at the University of Johannesburg. She received her training as an Ericksonian psychotherapist from Woltemade Hartman (Ph.D) at the Milton H. Erickson Institute of South Africa (MEISA) and has developed a keen interest in the field. Dr Diale is co-author of the chapter "Indigenous knowledge and learning development" with Dr Elzette Fritz in the book "Community Psychology: Analysis, Context and Action". She also works as a private practitioner at Clinix Tshelo-Themba Private Hospital in Soweto. Dr Diale has presented on television shows on educational and parenting topics and has written magazine articles on community development and education. Dr Diale specializes in Solution Focused Therapy (SFT) and she has run several related workshops. She approaches therapy from an African perspective and she thus uses Indigenous Knowledge Systems in her therapeutic interventions. Dr Diale has presented both nationally and internationally in these fields.

### **Di Terlizzi, Marisa (M.Ed.Psych) - South Africa**

Marisa di Terlizzi is an educational psychologist at St Stithians Girls' College in Johannesburg. She completed her M.Ed.Psych degree at the University of Johannesburg. She has co-authored an article published by the South African Journal of Education entitled: "A case study of a learner's transition from

mainstream schooling to a school for learners with special educational needs: Lessons for mainstream education". Currently she is working on her doctoral degree in the field of adolescent reading intervention, which is a particular area of interest. Her other interests include working therapeutically with adolescents using creative interventions as well as working with teachers, learners and families to optimize learning. She is the special educational needs coordinator at the school and has served on the National Board for the South African Association for Learning and Educational Difference. She has a passion for inclusive education and quality learning for all.

### **Drake, Bradley (M.Sc.Clin.Psych) - South Africa**

Bradley Drake works as a clinical psychologist in private practice at the Centre for Cognitive Behaviour Therapy (CBT), Cape Town, South Africa. He has received international certification as a cognitive behaviour therapist and is an Associate Fellow and accredited supervisor of the Albert Ellis Institute in New York City. Bradley has also received training in cognitive therapy at the Beck Institute and is a member of the Association for Behavioural and Cognitive Therapies in New York City. As one of two founding members of the Centre for CBT, he has been involved in the dissemination of CBT-based, empirically supported treatments for anxiety disorders to mental health professionals across South Africa since 2008 and has more recently published a number of articles in books and peer reviewed journals.

### **Escalante de Smith, Maria (MA.) - United States of America**

Maria Escalante de Smith is an Ericksonian psychotherapist. She received her degree as an Ericksonian psychotherapist at the Instituto Milton H. Erickson de la Ciudad de Mexico and later her Masters degree at the Centro Ericksoniano de Mexico where she was one of the original psychotherapists. Maria Escalante de Smith has a Major in Dentistry from the Universidad Nacional Autonoma de Mexico. She worked as a teacher, psychotherapist and supervisor at the Centro Ericksoniano de Mexico. She is a speaker at congresses sponsored by the Milton H. Erickson Foundation. She has lectured at the International Society of Hypnosis and the European Society of Hypnosis. She participated at the course - Introduction to Hypnosis: Interactional Approach at the Department of Experimental Psychology in Eötvös Loránd, University, Budapest, Hungary in the year 2001 where she lectured on the topic of "Using Ericksonian Psychotherapy with Children Sick with Cancer". She contributes to the Milton H. Erickson Foundation Newsletter. She participated at the symposium "New Innovations in Hypnosis Inspired by Milton H. Erickson" during the 2010 Annual Convention of the American Psychological Association.

### **Ferstl, Eva (M.Sc) - Österreich**

Eva Ferstl ist Hypnosepsychotherapeutin in Ternitz, Niederösterreich. Sie wurde in der ÖGATAP (Österreichische Gesellschaft für angewandte Tiefenpsychologie und allgemeine Psychotherapie) in Hypnosepsychotherapie ausgebildet, hat bei der Milton Erickson Gesellschaft Austria das Kindercurriculum absolviert, und ist direkte Schülerin von Dr Woltemade Hartman, Dr Maggie Phillips und Dr Claire Frederick in Ego-State-Therapie. Eva lässt verschiedene Methoden wie EMI (Eye Movement Integration) und Impact Therapie sowie Körpertherapeutische Interventionen (Energiepsychologie nach Dr Gallo) und Somatic Experiencing (nach Dr Peter Levine)

in ihre Arbeit einfließen und bietet so ihren Patienten einen integrativen Therapieansatz. Eva ist Supervisor für Ego-State-Therapie und Eye Movement Integration und Secretary und Treasurer von Ego State Therapy International (ESTI).

### **Fritz, Elzette (D.Ed.Psych) - South Africa**

Elzette Fritz is a registered educational psychologist at the University of Johannesburg, South Africa, in the Department of Educational Psychology. She is appointed in a senior lecturing position responsible for the coordination of the Masters Educational Psychology degree. Her lecturing responsibilities are therapeutic interventions to the M.Ed Psych students and counselling skills to the B.Ed Psych Honours students. She has been trained in Ericksonian and Ego State psychotherapeutic approaches through the Milton H. Erickson Institutes of South Africa (MEISA). Her research interest lies in school community therapeutic interventions, with the focus on creative expressive arts therapy - the focus of a SANPAD funded research project. She has published a number of articles on strategic constructivist interventions and presented at international and national conferences on the utilization of Ericksonian principles combined with Ego State and creative expressive arts therapy with children.

### **Fritzsche, Kai (Dr.phil.Dipl.Psych) - Deutschland**

Kai Fritzsche arbeitet als Psychologischer Psychotherapeut in eigener Praxis in Berlin. Er ist zertifizierter Trainer für Ego-State-Therapie, Mitbegründer des Instituts für klinische Hypnose und Ego-State-Therapie (IfHE) sowie Sprecher der Ego-State-Therapie Arbeitsgemeinschaft Deutschland (EST-A). In seiner Promotion befasste er sich mit den Entstehungsmechanismen und Behandlungsmöglichkeiten von Phantomschmerzen. Seine psychotherapeutische Ausbildung umfasst: Klinische Hypnose (M.E.G.), Grundausbildung in Gesprächspsychotherapie, Verhaltenstherapie, Spezielle Psychotherapie (DeGPT), NLP-Health Certification Training, EMDR, Ego-State-Therapie und Energetische Psychotherapie. Er arbeitet als Lehrbeauftragter und Selbsterfahrungsleiter für verschiedene Ausbildungsinstitute. Seine Behandlungsschwerpunkte sind Patienten mit Posttraumatischen Belastungsstörungen und Dissoziativen Störungen sowie Patienten mit Leistungsstörungen. Kai Fritzsche stellt die Ego-State-Therapie auf verschiedenen nationalen und internationalen Kongressen vor. Er organisiert Ausbildungsseminare und Supervisionsveranstaltungen für Ego-State-Therapie. Der Ego-State-Ansatz ist fester Bestandteil seiner Arbeit geworden und findet sich in seinen verschiedenen Tätigkeitsschwerpunkten wieder. 2010 erschien in Carl-Auer Verlag eine Einführung in die Ego-State-Therapie, die er gemeinsam mit Woltemade Hartman, Ph.D. heraus brachte.

### **Gill-Schultz, Patricia (Dipl.Psych) - Germany**

Patricia Gill-Schultz is a graduate in Psychology and received her training at the Technical University of Darmstadt. After working in a psychiatric hospital she now runs her own private practice in Darmstadt, Germany. Patricia Gill-Schultz is trained in Ericksonian Hypnotherapy, Ego State Therapy and Eye Movement Integration (EMI) at the Milton Erickson Institutes in Frankfurt, Heidelberg, Rottweil and Hamburg. She is lecturing on depression and stress-related illnesses at different

institutions in Germany and coordinating a Depression Action Group in Darmstadt. Patricia also holds a training qualification for equestrian sports. She involves horses in the therapeutic process with children and adults. She also coaches horse riders and other athletes mentally for optimal performance.

**Goldfus, Tobi (Lic.Social Work, BCD) - United States of America**

Tobi Goldfus is a clinical social worker in private practice in Germantown, United States of America. She has been providing experiential therapy, utilizing a strategic psychotherapy treatment model. Her intervention strategies include Ericksonian hypnotherapy, CPT, Ego State Therapy and stress reduction. She is an expert in the application of the Ericksonian model, and has participated in multiple advanced trainings with Jeffrey Zeig Ph.D and with Michael Yapko Ph.D., among others. She has adapted these approaches to treat older adolescents and young adults. She has served on the faculty of the 11th International Congress on Ericksonian Approaches to Psychotherapy in Phoenix, Arizona, USA and is a member of the American Association of Clinical Hypnosis. She teaches workshops for therapists in order to help young people to be more comfortable navigating between cyberspace and real time connections / relationships. She will be presenting at the Society for Clinical & Experimental Hypnosis (SCEH) in Toronto Canada, the Ericksonian Brief Therapy Conference in San Francisco, California and at the Center for the Advancement and Training of Clinical Hypnosis in 2012.

**Guse, Tharina (Ph.D) - South Africa**

Tharina Guse is a counselling psychologist and Head of the Department of Psychology of the University of Johannesburg. She commenced her training in hypnotherapy in 1989 through the South African Society of Clinical Hypnosis, completing advanced training in Medical Hypnoanalysis, Ego State Therapy and Ericksonian psychotherapy. Dr Guse has presented workshops and scientific papers both nationally and internationally. She has been invited as guest lecturer to the University of Bologna, Italy and published several peer reviewed articles on hypnosis, positive psychology and psychological strengths. Dr Guse also supervises postgraduate research in the areas of hypnosis, positive psychology, hope and gratitude.

**Hartman, Woltemade (Ph.D) - South Africa**

Woltemade Hartman is a clinical and educational psychologist, and psychotherapist in private practice in Pretoria, South Africa. He received his training as an Ericksonian psychotherapist at the Ericksonian Foundation in Phoenix, Arizona, USA. Dr Hartman also trained as an Ego State therapist with Prof J.G. Watkins and Mrs H. Watkins in Missoula, Montana, USA. He is the author of "Ego state therapy with sexually traumatized children" and "Einführung in die Ego-State Therapie", as well as various articles on the topic of hypnosis and psychotherapy. Dr Hartman is a past executive committee member of the South African Society of Clinical Hypnosis, past member of the Board of Psychology of the Health Professions Council of South Africa (HPCSA) and is the founding director of the Milton H. Erickson Institutes of South Africa (MEISA). Dr Hartman lectures in South Africa, Europe, Australia, Canada, USA, Scandinavia and China. He is currently teaching on an annual basis for the Milton H. Erickson Society of Germany (MEG), and the Milton Erickson Society of

Austria (MEGA). Dr Hartman has been a keynote speaker at various international congresses. Dr Hartman has been accredited by Danie Beaulieu Ph.D and the Académie Impact in Québec, Canada, to conduct training in Eye Movement Integration (EMI) internationally. Dr Hartman is the recipient of the 2009 Early Career Award for Innovative Contributions to Hypnosis from the International Society of Hypnosis. He is also trained in Eye Movement Desensitization and Reprocessing (EMDR), Eye Movement Integration (EMI), Edx™ (Energy Psychology), Impact Therapy, Mindfulness Techniques and Somatic Experiencing (SE). Dr Hartman has recently been elected on the Board of the International Society of Hypnosis (ISH).

### **Hattingh, Callie (MA.Clin.Psych) - South Africa**

Callie Hattingh is a clinical psychologist in private practice in George, South Africa. He is a director of the Milton H. Erickson Institutes of South Africa (MEISA). He received his training as an Ericksonian- and Ego State therapist with the South African Society of Clinical Hypnosis (Diplomate Status) and has also received training from Woltemade Hartman (Ph.D), founding director of the Milton H. Erickson Institutes of South Africa (MEISA), Jeffrey Zeig (Ph.D) and Brent Geary (Ph.D) from the Ericksonian Foundation in Phoenix, Arizona, USA as well as workshops by Prof John Watkins (Ph.D) and Mrs Helen Watkins (MA Clin.Psych), founders of Ego State Therapy. He has presented workshops at the first, second and third World Congresses on Ego State Therapy in Bad Orb, Germany in 2003 as well as in South Africa in 2006 and in 2010. Callie is involved in the training of psychotherapists and students in Ericksonian and Ego State Therapy since 2001. He is also trained in Eye Movement Desensitization and Reprocessing (EMDR), Eye Movement Integration (EMI), Edx™ (Energy Psychology) and Somatic Experiencing (SE). He presents nationally and internationally.

### **Howes, Debbie (MA.Clin.Psych) - South Africa**

Debbie Howes is a clinical psychologist in private practice in Johannesburg, South Africa. She qualified with a Masters degree in Clinical Psychology from Potchefstroom University. Debbie furthered her studies in Ericksonian Therapy, Ego State Therapy, Medical hypnoanalysis as well as EMDR and EMI. An interest in the relevance of children's stories which hold numerous truths that serve to illuminate, educate and inspire through simplicity, beauty and depth, has resulted in a projective story telling and drawing technique and therapeutic model that Debbie works with, namely the Little Red Riding Hood Reconditioning Technique. Debbie is the author of: "Little Red Riding Hood Revised: A Hypnotherapeutic Analysis, Interpretation and Application" as well as a practical handbook which describes the application of the technique, utilizing principles of Ego State and Ericksonian therapy. Debbie also runs movement and sound therapy workshops.

### **Hüllemann, Brigitte (Dr.Med) - Deutschland**

Brigitte Hüllemann ist Fachärztin für Innere Medizin und Fachärztin für Psychosomatische Medizin und Psychotherapie mit den Zusatzbezeichnungen: Sozialmedizin und Sportmedizin. Frau Dr. Hüllemann war Projektmanagerin im Rahmen der Europäischen Pilotstudie der Weltgesundheitsorganisation (WHO)

"Health Promoting Hospitals". Frau Dr Hüllemann initiierte und leitete von 1991 bis 2002 das Subprojekt "Umfassende Rehabilitation von Krebspatienten". Dr. Hüllemann publizierte zahlreiche Fachbeiträge. Sie war langjährige Oberärztin an der Klinik St. Irmingard in Prien am Chiemsee, im Bereich Onkologie und Psychosomatik. Sie hielt Vorträge und Workshops auf nationalen und internationalen Tagungen über Frühintegration von Krebspatienten, Psychoonkologie, Traumafolgestörungen. Ihr Hauptaufgabengebiet ist derzeit die ambulante psychotherapeutische Langzeitbehandlung von Traumapatienten.

### **Hüllemann, Klaus (Univ-Prof.Dr.Med) - Germany**

Klaus Hüllemann, is an internist, psychotherapist, sports, social and rehabilitation physician. Prof Hüllemann is honorary president of the German Network of Health Promoting Hospitals, an international World Health Organisation Network. Prof Hüllemann is acting director for health promotion, lifestyle and medicine at the Akademie Kloster Heilig-Kreuztal in Baden-Württemberg, Germany. He is professor of internal medicine at Munich University since 1975 and has contributed more than 280 articles to professional journals. He is member of AAAS, the New York Academy of Science, the German-Chinese Medical Association and serves on the scientific council of the German Milton Erickson Society of Clinical Hypnosis.

### **Hüllemann, Klaus (Univ-Prof.Dr.Med) - Deutschland**

Univ-Prof. Dr.med. Klaus Hüllemann ist Facharzt für Innere Medizin, Psychotherapie, Psychosomatik, Sportmedizin und Sozialmedizin. 1975 wurde er Professor für innere Medizin an der Universität München. Er ist Geschäftsführender Gesellschafter der Prof.Dr.med. Klaus-D. Hüllemann GmbH (Forschungsinstitut, Führung, Leistung, Vertrauen, 1991, in Bergen/Obb.) Er ist in Unterwössen in eigener Privatpraxis seit 2004 tätig. Klaus Hüllemann ist Autor mehrere Fachbücher, die z.T. in andere Sprachen übersetzt wurden, und Autor von über 270 Beiträgen in Fachzeitschriften. Klaus Hüllemann ist Mitglied zahlreicher Gesellschaften, u.a. der American Association for the Advancement of Science (AAAS), der New York Academy of Sciences, der Deutsch-Chinesischen Gesellschaft für Medizin, der Deutschen Gesellschaft für Innere Medizin und der Deutschen Krebsgesellschaft. Er ist im wissenschaftlichen Beirat der Milton Erickson Gesellschaft für klinische Hypnose Deutschland.

### **Jensen, Mark (Ph.D) - United States of America**

Mark Jensen is professor and vice-chair for research in the Department of Rehabilitation Medicine at the University of Washington, USA. He has been studying chronic pain and helping individuals better manage chronic pain for over 30 years. Mark has been funded by the National Institutes of Health and other funding agencies to study the efficacy and mechanisms of various treatments for chronic pain, including hypnotic analgesia. He has published over 300 articles, book chapters, and books on the topics of pain assessment and treatment, including Hypnosis for Chronic Pain Management: Therapist Guide, published by Oxford University Press.

### **Klajs, Krzysztof (Dipl.Psych) - Poland**



Krzysztof Klajs is certified as a psychotherapist by the Polish Psychiatric Association and is licensed by the Polish Psychological Association. He is founder and director of the Milton H. Erickson Institute of Poland and is in private practice at the Institute in Lodz, Poland. Krzysztof teaches both nationally and internationally on various topics and specializes on the topic of obsessive compulsive disorder (OCD).

**Loretan-Meier, Brigitta (Lic.Phil.Psych) - Switzerland**

Brigitta Loretan-Meier is a psychologist and psychotherapist, working with adolescents, adults and couples. She maintains a private practice in Brugg and Zürich, Switzerland where she started an interdisciplinary team offering psychotherapy and specialising in internal medicine and gastroenterology. She also acts as supervisor for biodynamic psychotherapy and is a coach in different fields of stress management and prevention medicine. Brigitta uses concepts of clinical hypnotherapy in her intervention strategy. She mainly works with patients suffering from irritable bowel syndrome (IBS) and with people affected by functional disorders.

**Loriedo, Camillo (MD., Ph.D) - Italy**

Camillo Loriedo is Professor of Psychiatry and of Psychotherapy in the School of Medicine, University of Rome "La Sapienza". Camillo is currently Director of the Unit of Psychiatry and Eating Disorders at the same University. He is a Member of the Board of Directors of the Milton Erickson Foundation in Phoenix, Arizona, United States of America. He is also immediate Past-President of the International Society of Hypnosis (ISH), President of the Società Italiana Milton Erickson (SIME-Italian Milton Erickson Society), President of the Società Italiana di Psicoterapia (SIPSIC-Italian Society of Psychotherapy) and President of the Società Italiana di Ipnosi (SII-Italian Society of Hypnosis). In 2001 Prof Loriedo received the Milton H. Erickson Lifetime Achievement Award for outstanding contributions to the field of Psychotherapy. In 2012 he has been awarded with the highest honor of ISH namely the Benjamin Franklin Award (Gold Medal) in Bremen, Germany. He has authored over 350 scientific papers and 29 books.

**Loubser, Heleen (M.Sc.Clin.Psych) - South Africa**

Heleen Loubser is a clinical psychologist in private practice in Cape Town, South Africa. She was part of a multidisciplinary team in a health medical organization and also lectured part-time at North-West University. She was trained by the founder of Trauma Releasing Exercises (TRE), Dr David Bercelli, as a TRE teacher and runs TRE groups. She was trained by the South African Society for Clinical Hypnosis in traditional hypnotherapy, Medical Hypnoanalysis, Ericksonian-, and Ego State Therapy. She is registered as a trained psychologist with the Health Professions Council of South Africa (HPCSA). She received training in hypnotherapy, Eye Movement Desensitisation and Reprocessing (EMDR), Eye Movement Integration (EMI), Somatic Experiencing (SE), Energy Psychology, Emotional Freedom Technique (EFT) and Thought-Field Therapy (TFT). She is an advanced Life Alignment practitioner and busy with psycho-phonetics training. She is also part of a medical team presenting a metabolic and mind balance eating programme.

**Loubser, Minnie (MA.Clin.Psych) - South Africa**

Minnie Loubser is a clinical psychologist in private practice in Stellenbosch, Western Cape, South Africa. She holds a Masters degree in Research Psychology from the University of Stellenbosch and a Masters degree in Clinical Psychology from the University of Zululand. She lectured at the University of the Western Cape from 1983 - 1989. After relocating to Kwa-Zulu-Natal she went into private practice from 1994. She became a specialist on Attention Deficit and Hyperactivity Disorder (ADHD) and organised conferences and presented workshops nationally on this topic. She has extensive training in Ericksonian Hypnosis and Psychotherapy and Ego State Therapy. Minnie started her training in 1995 at the Evolution of Psychotherapy Conference in Las Vegas and also received training at the Milton H. Erickson Institutes of South Africa (MEISA). She utilizes Eye Movement Desensitization and Reprocessing (EMDR) as an intervention strategy too. Minnie has received international training in Impact Therapy and advanced training in Eye Movement Integration (EMI) and has now been accredited by Danie Beaulieu Ph.D as an EMI trainer in South Africa, in collaboration with Woltemade Hartman Ph.D, director of the Milton H. Erickson Institutes of South Africa (MEISA).

### **Lütgerhorst, Hans-Jörg (Dipl.Psych) - Deutschland**

Hans-Jörg Lütgerhorst war 35 Jahre in Kliniken für Psychiatrie, Psychotherapie und Psychosomatik als Klinischer Psychologe / Psychologischer Psychotherapeut in Vollzeit tätig und arbeitet jetzt als Dozent, Supervisor und Selbsterfahrungsleiter für Universitäten und staatlich anerkannte Psychotherapie-Aus- und Weiterbildungsinstitute sowie als Prüfer im Rahmen der Approbation (Landesprüfungsamt-NRW). Er ist aus- und weitergebildet in Gesprächspsychotherapie, Verhaltenstherapie und Hypnotherapie und verfügt über die Akkreditierung der European Association for Behavioural and Cognitive Therapies. Er ist Autor von vier Buchartikeln über psychotherapeutische Behandlungsverfahren. Regelmäßig leitet er Seminare über "Die Behandlung von experienziellem Vermeiden", "Kognitives und hypnotherapeutisches Selbstsicherheitstraining", "Verhaltenssüchte", "Verhaltenstherapie in Gruppen" sowie Selbsterfahrung im Rahmen der Psychotherapieausbildung. Auf nationalen und internationalen Kongressen und Tagungen hat er Vorträge und Seminare gehalten. Er ist Gutachter für Psychotherapieanträge bei Krankenversicherungen.

### **Malherbe, Heleen (D.Phil) - United Kingdom**

Heleen Malherbe is a clinical psychologist and psychotherapist who spent most of her working life either employed within a forensic setting or in private practice in Pretoria, South Africa. During 2009 she decided to widen her therapeutic experience and seek opportunities in the United Kingdom. There she was employed as Lead Psychologist in a forensic medium secure hospital in Hertfordshire and is currently consultant psychologist in Lincolnshire in a low secure rehabilitation unit for people with severe intellectual disability. She received her training in Ericksonian and Ego State Therapy under the guidance of Woltemade Hartman Ph.D, founding director of the Milton H. Erickson Institutes of South Africa (MEISA) and president of Ego State Therapy International (ESTI).

### **Marais, Pieter (MTh) - South Africa**

Pieter Marais is currently a minister of religion at the Valleisig congregation in Pretoria, South Africa. Pieter's fields of study are theology and sociology. He lectured in the field of Sociology at the Huguenot College in Wellington, South Africa. He studied at the University of the Free State, the University of Stellenbosch and Nuffield College in Oxford, in the United Kingdom. He has served as an ordained minister in various congregations with different spiritual, cultural and psychological backgrounds. He has, amongst others, researched the effect of the father-son relationship on the practice of religion. He acts as co-counsellor regarding religious issues in psychotherapy.

**Marovic, Zana (Ph.D) - South Africa**

Zana Marovic is a clinical psychologist, psychotherapist, hypnotherapist, supervisor, trainer and accredited yoga teacher. She is in a private practice at ADDnova Clinic in Johannesburg. She has published in several international academic journals and presented workshops at congresses around the world. She is the author of "The emergence of a supervisor: Integrating Professional and Personal Selves of the Therapist". In her work she combines systemic and cognitive-behaviour approaches with hypnosis, yoga, meditation, breathing techniques and transpersonal practice. She serves as an executive board member of the International Transpersonal Association. She runs CPD accredited transpersonal training, in collaboration with the American and International Transpersonal Associations. Her workshops reflect a creative blend of western psychology, arts, African spirituality, traditional healing and the Eastern approach.

**Masipa, Frieda (M.Ed.Psych) South Africa**

Frieda Masipa is a registered educational psychologist at the University of South Africa (UNISA), Directorate: Counselling and Academic Development. She is involved in on-line and face-to-face counselling with students addressing personal, career and academic problems. She received her fundamental and intermediate training in Ericksonian Hypnosis and Psychotherapy as well as in Eye Movement Integration (EMI) with the Milton H. Erickson Institutes of South Africa. Her academic interests include working therapeutically with adolescents and young adults as well as career guidance and counselling. Frieda also takes a keen interest in the African perspective to psychotherapy.

**Mavasa, Tinyiko (MA.) - South Africa**

Tinyiko Forgiveness Mavasa is an Intern Counselling Psychologist and a Mandela Rhodes Scholar practicing at the University of Johannesburg, South Africa. He received his training in an integrative approach in Kwa-Zulu-Natal in South Africa but prefers working psychodynamically. He has also received intermediate training in Ericksonian Hypnosis and Psychotherapy and Ego State Therapy by The Milton H. Erickson Institutes of South Africa. Tinyiko also received training from the South African National Council of Alcohol and Drug Abuse. He has great interest working with charities, HIV / AIDS and romantic love issues. Tinyiko has been exposed to various leadership positions. He has presented on radio and has been a motivational speaker at different national youth conferences.

**Mertens, Janni (Dipl.Psych) - Germany**

Janni Mertens works as psychological psychotherapist in her own practice focussing on single-, couple- and family therapy, supervision and coaching. She is trained in Bioenergetic Analysis, Transactional Analysis, Systemic Family Therapy, Psycho-trauma-therapy, and Theory and Treatment of Structural Personality Dissociation. She is currently doing her training in hypnotherapy with the Milton H. Erickson Gesellschaft Germany (M.E.G.) and has done her Ego State Therapy training with Woltemade Hartman Ph.D in Germany. For some years now she has been involved in Vipassana Meditation. Janni took a sabbatical and spent the time in the Himalayan Region to study the influence of Buddhist meditation practice on social interaction and the mental health of community members.

### **Mertens, Janni (Dipl.Psych) - Deutschland**

Janni Mertens arbeitet als Psychologische Psychotherapeutin in eigener Praxis (Einzeltherapie, Paar- und Familientherapie, Supervision, Coaching). Während ihrer 32-jährigen Berufstätigkeit bildete sie sich aus in Bioenergetik (G. Boyesen), Transaktionsanalyse (DGTA), Systemischer Familientherapie (Fortbildung F. Boekhorst), Traumatherapie (KIPT, Steiner) und in der Theorie und Behandlung der strukturellen Dissoziation der Persönlichkeit (E. Nijenhuis). Sie befindet sich in Ausbildung zur Hypnotherapeutin (M.E.G.) und Ego-State-Therapeutin (Woltemade Hartman Ph.D). Frau Mertens beschäftigt sich seit Jahren mit Vipassanameditation Achtsamkeits / Einsichtsmeditation). Sie verbrachte ein Studienjahr in der Himalayaregion (v.a. Ladakh) und interessierte sich dort insbesondere für den Einfluss buddhistischer Meditationspraxis auf das Sozialgefüge und die seelische Gesundheit der Bevölkerung.

### **Metsing, Momi (M.Ed.Psych) - South Africa**

Momi Metsing is an intern educational psychologist. She is a member of Golden Key International Honour Society in recognition of outstanding scholastic achievement and excellence. Prior to her psychology training she was an educator for 15 years, subsequently becoming the Head of Department and eventually Deputy Principal. She is currently the Deputy Chief Education Specialist in the Inclusion and Special School Unit at Johannesburg North Education District where she is contributing to professional development of educators by sharing knowledge on inclusive practices, special concession, dealing with trauma within schools, and facilitating high-level training intervention. She has presented on national conferences on topics ranging from child abuse to education of the community using strategic constructivist interventions with children.

### **Miller, Richard (Lic.Social Work) - United States of America**

Richard Miller is a clinical social worker in private practice in Boston and Cape Cod, Massachusetts, USA. He has developed hypnosis scripts and ego-strengthening techniques specific for gay men and has served on the faculty for The International Society of Hypnosis, The Milton H. Erickson Institutes of South Africa, The Brief Therapy Conference, and The Society for Clinical and Experimental Hypnosis, where he has taught on the topic of experiential work with gay men. His article titled: "What Straight Couples Can Learn From Gay Couples" was published in the book, "For Couples: Ten Commandments For Every Aspect Of Your Relationship Journey".

### **Mostert, Henk (M.Ed.Psych) - South Africa**

Henk Mostert is an educational psychologist trained within the psychodynamic paradigm. He believes that discrimination based on sexual orientation takes place on a regular basis in schools today. Furthermore, he believes that this is a serious situation and requires professional intervention as a matter of urgency. As a result, Henk completed his research on learners' aggression towards learners perceived as having a homosexual orientation as well as teachers' perceptions of homophobic victimisation amongst learners. His research interest lies in the contribution to educational science by providing perpetrators' of aggression (learners and teachers alike) with the necessary skills to understand and manage their aggression, emotions and behaviour with the aim of promoting mental health.

### **Nel, Joy (M.Ed.Psych) - South Africa**

Joy Nel is a psychologist in private practice in Fairland, Johannesburg. She is currently completing her Ph.D in strategic therapies and self-injury. She is involved in the training of fellow psychologists in Narrative Therapy and Art Therapy focusing on the utilization of stories and metaphors in guiding children and adolescents to cope with issues such as divorce, bullying, trauma, abuse, low self-esteem and self-injury to mention a few. Joy received her training in Ericksonian Psychotherapy and Hypnosis from the Milton H. Erickson Institutes of South Africa (MEISA). She has presented workshops at international congresses for professionals in Germany and South Africa, and is training professionals on a regular basis for MEISA in South Africa. Joy has written articles and has published chapters internationally on the topic of the utilization of an Ericksonian-Narrative approach in psychotherapy. She is currently in the process of writing and publishing therapeutic stories for children as well as a manual to assist adolescents with self-injury.

### **Oberholzer, Toekie (Ph.D) - South Africa**

Toekie Oberholzer is a clinical psychologist and psychotherapist in private practice in Hermanus, South Africa. She did her initial degree at the University of Stellenbosch, and after a career in journalism resumed her studies at Rhodes University, where she obtained a Masters degree in Clinical Psychology and a Ph.D in Transpersonal Psychology. She was previously in private practice in Grahamstown, South Africa and in Australia. In Australia she completed several courses in hypnotherapy at the College of Medical Hypnosis.

### **Phillips, Maggie (Ph.D) - United States of America**

Maggie Phillips lives and works as a clinical psychologist in the Oakland Hills above the San Francisco Bay. She has taught at major conferences on Ericksonian and clinical hypnosis, Ego State Therapy, EMDR, behavioural medicine, Somatic Experiencing, and Energy Psychology in the USA, Canada, Europe, South Africa, Australia, Scandinavia, Hong Kong, Malaysia, China and Japan. As the author of numerous papers and articles on trauma, dissociation, Ego State Therapy, hypnosis, and mind-body healing, she specializes in the treatment of stress and pain disorders. Dr Phillips is author of three books. Her latest book, *Reversing Chronic Pain*, was released in October, 2007. Her other books are: *Finding the Energy to Heal* and *Healing the Divided Self*. She has also recorded two CD programmes on pain: *Hypnosis: The Pain Solution* and *Hypnosis: The Headache Solution*. As an innovator

in mind-body healing and in the treatment of persistent pain, Dr Phillips is particularly interested in the interface of trauma, dissociation and pain conditions.

**Pinco, Susan (Ph.D) - United States of America**

Susan Pinco is a licensed clinical social worker with more than 25 years experience. She teaches internationally, offering courses in powerful, somatically-informed modalities that bridge the gap between mind and body and amplify the effectiveness of treatment. She maintains a private practice in the Upper Westside of New York City and in Edgewater, New Jersey. Susan works with individuals of all ages. She specializes in trauma, loss and grief, dissociation, panic, anxiety, depression, phobias, ADHD, creativity, life enhancement, sexual orientation, sexual issues, infertility, chronic pain and illness. Susan is an EMDR certified consultant, a certified BrainSpotting (BSP) consultant and presenter, an ASCH certified Hypnotherapist, and an AEDP certified therapist. She also offers training in the Mandala of Being, silence as a tool of integration and healing, brainspotting, crisis communication and crisis response. She is a graduate from Franklin and Marshall, completed her MSSW at Columbia University and a Ph.D at the International School of Graduate Studies. She is Doctor of Philosophy in Behavioral Health.

**Pistorius, Micki (D.Phil) - South Africa**

Micki Pistorius is a registered counselling psychologist with the Health Professions Council of South Africa. She is currently an international lecturer, a psycho-legal consultant and a psychologist in private practice in Pretoria. She was the first profiler to be appointed to the South African Police Services in 1994, specializing in serial homicide. She initiated the Investigative Psychology Unit of the South African Police Service, founded to profile and investigate serial killers and sexual offenders. She was appointed commander of this unit, held the rank of deputy director, equal to full colonel in terms of rank. During her police career she dealt with more than thirty-five serial killers, several stalkers, serial rapists and other sexual offenders. She resigned in 2000 to pursue a private practice. Dr Pistorius is the author of the following Penguin publications: *Catch me a Killer: A Profiler's True Story*, an autobiography on her career as commander of the Investigative Psychology Unit, SAPS; *Strangers on the Street*, a historical review of South African serial killers; *Fatal Females*, a review of famous South African murderesses; *Profiling Serial Killers and other crimes in South Africa*; *Skimme in die Skadu, Reeksmoorde 'n profielsamesteller se ware verhaal*.

**Ragpot, Lara (M.Ed.Psych) - South Africa**

Lara Ragpot is an educational psychologist and lecturer in the Department of Childhood Education at the University of Johannesburg. Her main areas of interest and speciality are early childhood development and childhood cognitive development. She is involved in the EU funded panel research project on childhood cognitive development and the revision of the Junior South African Intelligence Scale (JSAIS) and the translation and standardization of the German Mathematical Assessment for younger children (MARKO-D) in South Africa. She also works in private practice where she mainly makes use of a strategic constructivist approach as well as ego state therapy when working with particularly younger children. She has published a number of articles on the topic of childhood cognitive development

and the wider range of systemic concerns involving school-going children. She has presented at the 2006; 2009 and 2010 MEISA conferences and is currently completing her Doctoral thesis.

**Rossouw, Jaco (M.Sc.Clin.Psych) - South Africa**

Jaco Rossouw, clinical psychologist, has been in private practice in Cape Town, South Africa for the past 18 years. He consults with children, adolescents, adults and families, from a cognitive-behavioural therapy approach. Jaco is a founding member of the Centre for Cognitive Behaviour Therapy. He is internationally certified as a cognitive behaviour therapist and is an Associate Fellow of the Albert Ellis Institute in New York City. The Centre for CBT co-present the training in REBT of the Albert Ellis Institute in South Africa. Jaco is involved in developing and providing other CBT training to mental health professionals within South Africa. A longstanding interest in the CBT treatment of PTSD has culminated in a research project on treatment of adolescents with PTSD. He is also involved in other research projects as a member of the Centre for CBT.

**Sangkasaad Taal, Rachporn (Lic.Phil) - The Netherlands**

Rachporn Sangkasaad Taal is a psychologist, psychotherapist and also a dance and movement therapist in private practice in Maassluis, the Netherlands. She received her training as an Integrative Body Psychotherapist (IBP) at the Integrative Body Psychotherapy Institute (IBP) in Winterthur, Switzerland. She trained with Dr Jack Lee Rosenberg, Dr Marjorie Rand and Dr Markus Fischer. She also received training in Dance and Movement Therapy (BAT) in Vienna, Austria and in Germany. As a Somatic Experiencing (SE) Practitioner she was trained by Sonia Gomes in Huysen, the Netherlands and by the originator of SE, Dr Peter Levine in Salvador, Brazil. She is a co-founder of the Somatic Experiencing Foundation Netherlands (SEN) and serves as a board member of the European Association for Somatic Experiencing (EASE).

**Schouwink, Fred (M.Ed.Psych) - South Africa**

Fred Schouwink is a registered educational psychologist in private practice in Johannesburg, South Africa and a guest lecturer at the University of Johannesburg in the Department of Educational Psychology. Fred has been trained in a variety of therapeutic modalities, including clinical hypnosis, Ego State Therapy, Gestalt Therapy, Narrative Therapy as well as Eye Movement Integration. His research interest lies in developing creative expressive therapy programmes which can be utilized with children who have experienced trauma. He has presented at both national and international conferences on a wide variety of topics, including the neuropsychology of attachment, creative expressive art therapy and Ego State Therapy.

**Signer-Fischer, Susy (Lic.Phil.Psych) - Switzerland**

Susy Signer-Fischer, is a psychologist and psychotherapist, specialising in working with children and adolescents. She works at the Institute for Developmental and Personality Psychology at the University of Basel in Switzerland and is also in private practice in Basel and Bern. Susy was director of the Family and Educational Counselling Centre in Basel, Switzerland for the past twelve years. She is a

supervisor and trainer in psychotherapy, mainly in hypnotherapy, psychotherapy for children, adolescents, families and couples. She is the past-president and founding member of the Swiss Society of Clinical Hypnosis (GHypS).

### **Signer-Fischer, Susy (Lic.Phil.Psych) - Switzerland**

Susy Signer-Fischer arbeitet am Zentrum für Entwicklungs- und Persönlichkeitsdiagnostik (ZEPD) der Universität Basel und in freier Praxis sowohl in Basel (ZEPD) als auch in Bern (ZSB). Sie leitete während 12 Jahren die Familien- und Erziehungsberatung in Basel. Sie ist Fachpsychologin für Psychotherapie und Kinder- und Jugendpsychologie FSP. Außerdem ist sie tätig in der Aus- und Weiterbildung von PsychotherapeutInnen, vor allem in Hypnose-therapie, Familientherapie und Kinder-Psychotherapie. Sie ist Past-Präsidentin und Gründungsmitglied der Gesellschaft für klinische Hypnose Schweiz (GHypS).

### **Sodi, Tholene (Ph.D) - South Africa**

Prof Sodi is a qualified and practising clinical psychologist with more than 20 years of professional experience. He obtained his BA and BA Honours degrees from the University of the North (now University of Limpopo - Turfloop Campus). He then proceeded to the University of the Witwatersrand where he completed his Masters degree in Clinical Psychology. The University of Cape Town awarded him a Ph.D in Psychology. He is the head of the Department of Psychology at the University of Limpopo (Turfloop Campus). Prof Sodi is the Vice-President of the Health Professions Council of South Africa (HPCSA). He is also the Chairperson of the Professional Board for Psychology. Prof Sodi has presented more than thirty research papers at both national and international conferences and has produced more than 25 publications in the form of journal articles and book chapters. His key areas of research interest are: African psychology; culture, illness and healing; and culture and identity.

### **Steenkamp, Jo (D.Litt et Phil) - South Africa**

Jo Steenkamp is a clinical psychologist in Pretoria, South Africa. During his second year of private practice he stumbled on spontaneous healing, and began what was to become a meticulous experiential research study on intra-systemic healing processes. In 1991 he obtained his doctorate in SHIP<sup>®</sup>, and for the past 27 years has refined this method continuously. His book titled: "SHIP<sup>®</sup>: Spontaneous Healing Intrasystemic Process: The Age-Old Art of Facilitating Healing" is currently in its 15<sup>th</sup> print. Dr Steenkamp is CEO of the SHIP<sup>®</sup> foundation. In addition to his full time private practice he has co-authored articles, runs clinical workshops and has been a speaker at numerous venues such as academic institutions, public and business forums, national and international conferences and radio talk shows.

### **Stein, Dan J. (FRCPC, Ph.D) - South Africa**

Dan Stein is Professor and Head of the Department of Psychiatry and Mental Health at the University of Cape Town. He also directs the Medical Research Council (MRC) Unit on Anxiety and Stress Disorder. His training includes psychiatric residency and a post-doctoral fellowship at Columbia University, and doctorates in clinical neuroscience and in philosophy. He has contributed many books and papers,



including "Cognitive Science and the Unconscious", and "Cognitive Schemas and Core Beliefs in Psychological Problems: A Scientist-Practitioner Guide".

**Struwig, Elsa (MA.Clin.Social Work) - South Africa**

Elsa Struwig is a social worker in private practice in Pretoria, South Africa. Her field of interest is trauma therapy with children, adolescents and adults. The framework within she works includes ego state therapy, Ericksonian hypnosis and solution focused therapy. She is a qualified EMI practitioner who received fundamental and advanced training in EMI with Woltemade Hartman Ph.D. She completed her Masters Degree in Social Work at the University of Johannesburg and was the first EMI practitioner worldwide to complete a study on EMI with children. Elsa is currently completing her Ph.D at the University of Johannesburg. She has presented workshops as well as papers at national and international congresses.

**Tien Redman, Sya (Lic.Psych) - Sweden**

Sya Tien Redman is a clinical psychotherapist in private practice, in Stockholm, Sweden. After completing her education as psychotherapist in Sweden, she started to work as a dance psychotherapist at Södersjukhuset in Stockholm, where she treated patients with serious mental disorders. She started her specialization as Ego State therapist in 1994 while receiving her training at the Swedish Society of Clinical Hypnosis (SSCH). Hereafter she acquired the status of licensed psychotherapist. In 2008 Sya completed her SSCH education qualifying as a supervisor and teacher. Sya has written several academic articles on dance psychotherapy and the use of Ego State Therapy in the treatment of Chronic Fatigue Syndrome. Added to her clinical work with Ego State Therapy, she has also supervised and lectured within the subject on several occasions.

**Van der Walt, Tjaart (MA.Clin.Psych) - South Africa**

Tjaart van der Walt is a clinical psychologist in private practice in both George and Mossel Bay, South Africa. He is trained in Ericksonian Therapy, Ego State Therapy, EMI and NLP. His field of interest is the treatment of trauma and grief related problems. He has presented several live demonstrations on trauma and grief resolution at national and international congresses and has presented at the 3<sup>rd</sup> and 4<sup>th</sup> World Congress on Ego State Therapy held in Cape Town and Heidelberg respectively, focussing on brief therapies for trauma resolution. Tjaart is co-author of a book on trauma "Deur Trauma". Tjaart utilizes an eclectic approach in psychotherapy.

**Van Wyk, Gerrit (MA.Clin.Psych) - South Africa**

Gerrit is a clinical psychologist in private practice, in Cape Town, South Africa. After working in Netherlands he returned to South Africa in 1975 as head of Psychology at the Groote Schuur/Red Cross/Valkenberg Hospital complex where he was fired in 1979 for refusing to submit to a whites-only admission policy. In 1999 he started the Trauma Clinic Emergency Counselling Network, a national network of trauma practitioners. He was instrumental in the development of the Trauma Clinic Trauma Support Model of early intervention, which has received international recognition. He has also created Traumatrainingonline, where training material in the field of trauma is freely available. Gerrit has served as African affiliate on the Board of the

International Society for Traumatic Stress Studies, and he is the founder and convenor of the African Society for traumatic Stress Studies. He has served on the Board of Community Action towards a Safer Environment (CASE), and he also founded the Trauma Clinic Foundation, an NPO providing volunteer counselling services at under-resourced schools. In 1991 Gerrit received the Merit Award of the SA Society for Clinical Psychology, and in 2012 he was inducted to Stanford Who's Who. He has various local and international publications to his name.

### **Veldsman, Talita (M.Ed.Psych) - South Africa**

Talita Veldsman is an educational psychologist in private practice in Johannesburg, South Africa. She is currently completing her Ph.D on utilizing socio-drama to develop sensory integration in adolescents. She has presented both nationally and internationally on the topic of creative expressive arts and healing. She combines her background in drama with therapeutic techniques in the counselling of her clients. Talita has received training in psychodrama and creative expressive arts therapy internationally and aims to train South African professionals to utilize these methods in their everyday practice.

### **Von Cziffra-Bergs, Jacqui (D.Ed Psych) - South Africa**

Jacqui von Cziffra-Bergs is a psychologist in private practice in Johannesburg, South Africa. She was an associate professor at the University of Johannesburg lecturing on the topic of therapeutic interventions to Masters and Doctorate students. Dr von Cziffra-Bergs received her training as an Ericksonian psychotherapist at the Milton H. Erickson Institutes of South Africa (MEISA) and has upgraded her training at two Ericksonian conferences in the United States. Jacqui lectures on Solution Focused Therapy for the Milton H. Erickson Institutes of South Africa on an annual basis and at the University of Johannesburg. She also presents training workshops for private practitioners. Dr von Cziffra-Bergs has presented workshops in the United States, Russia and the United Kingdom on a range of topics regarding therapeutic interventions.

### **Weinspach, Claudia (Dipl.Psych) - Germany**

Claudia Weinspach is a clinical psychologist in private practice in Münster, Germany and also works at a counselling institution (Zartbitter e.V.) that provides assistance for sexual abuse survivors. Over many years working clinically, she has built up expertise in trauma work as well as therapeutic skills concerning the importance of (intra and inter-) relations in therapy, particularly with sexual abused survivors. Based on her training in Client Centred Psychotherapy, Body Therapy and Hypnosis, she developed solution-focused individual and group concepts with a focus on playful body-soul connections and authenticity for juveniles and adults. In 2003/2004 she worked at the archives of the Milton Erickson Foundation in Phoenix, Arizona, USA on a voluntary basis. There she completed her Ericksonian training with Jeffrey Zeig, Steve Lankton, Joyce Mills and Carl Hammerschlag. Her approach "Sensory Therapy for Trauma Recovery" was first presented on 9<sup>th</sup> International Congress of Ericksonian Approaches to Hypnosis and Psychotherapy.

### **Wirl, Charlotte (Dr.Med) - Austria**

Charlotte Wirl is a medical practitioner and a psychotherapist with a focus on hypnosis and hypnotherapy. She conducts training in hypnosis and hypnotherapy on a national and international level. Charlotte has her own private practice and she also works as a medical practitioner at schools. She presents nationally and internationally on a variety of topics. Charlotte is a founding member of the Milton Erickson Society for Clinical Hypnosis and Brief Therapy, Austria (MEGA), was the former MEGA president, and is currently honorary president of this society. She is also an honorary member of the Milton Erickson Gesellschaft (MEG), Germany.

**Wolfensberger, Celeste (M.Ed.Psych) - South Africa**

Celeste Wolfensberger is a registered educational psychologist and works at the student counselling centre at the University of Johannesburg. Much of her work is influenced by inclusive practices, as her area of interest lies in working with, and holistically supporting, students with disabilities at tertiary institutions. She has lectured undergraduate and post-graduate education students, and is currently involved in the supervision of educational psychology interns. She has presented at various national and international psychology conferences.

**Zanotta, Silvia (Ph.D) - Switzerland**

Silvia Zanotta works as a psychotherapist for children, adolescents, adults and families in Zurich, Switzerland. She is trained in Person-Centered-Therapy, trauma-therapy, hypnosis and Ego State Therapy, including Energy Psychology and Somatic Experiencing. She specializes in the treatment of traumatic stress, anxiety, phobia and obsessive compulsive disorders. Dr Zanotta has taught at various international conferences on trauma and Ego State Therapy. She is case consultant and head of Ego State Therapy Switzerland (EST-CH).

**Zanotta, Silvia (Ph.D) - Switzerland**

Silvia Zanotta arbeitet in eigener Praxis als Psychotherapeutin für Kinder, Jugendliche, Erwachsene und Familien in Zürich, Schweiz. Nach der personzentrierten Psychotherapieausbildung (Carl Rogers) hat sie in klinischer Hypnose (Milton Erickson), Traumatherapie PITT und Ego-State-Therapie zertifiziert. Sie ist auch mit körperorientierten Verfahren wie energetischer Psychologie und Somatic Experiencing vertraut. Spezialgebiete sind die Behandlung von posttraumatischem Stress, Angst, Phobie und Zwang. Silvia hat an verschiedenen internationalen Kongressen über Trauma und Ego-State-Therapie referiert. Sie ist Supervisorin sowie Gründerin und Vorsitzende der Ego-State-Therapieausbildung in der Schweiz. ([www.egostatetherapie.ch](http://www.egostatetherapie.ch))