



2nd MEISA TRAUMA CONGRESS

CONTEMPORARY APPROACHES TO THE MANAGEMENT OF TRAUMA

Stellenbosch, 11-12 April 2014

CURRICULUM VITAE FACULTY MEMBERS

Connie, Elliott (Ph.D) – USA

Elliott Connie is a psychotherapist that practices in Keller, Texas. He is also the founder and owner of The Connie Institute and The Uptown Counseling and Family Therapy Center in Dallas, Texas. He has worked with thousands of couples and families applying the solution focused approach to help them move their lives from the current problems towards their desired futures. He has traveled the world speaking at national and international conferences in such places as throughout the United States, the United Kingdom, Canada, Scotland, Poland, Sweden and Asia training practitioners to apply solution focused principles and techniques in their work. He was also the co-editor of the book entitled *The Art of Solution Focused Therapy* and his second book entitled *Solution Building in Couples Therapy* was released in the Fall of 2012 and his newest book, *The Solution Focused Marriage: 5 Simple Habits that Will Bring Out the Best in Your Relationship* became available in the Summer of 2013. He is currently working on a research project, along with other leaders in the solution focused community, to define and explore the meaning and process of solution building. He has been mentored by noted authors and practitioners such as Bill O'Hanlon, Chris Iveson and Linda Metcalf. His workshops are known for being filled with useful content and interactive exercises along with dynamic demonstrations and entertaining stories to allow attendees to use the skills they learn immediately when they return to their place of work.

Da Silva, Jenny (M.Ed (Psych.) – South Africa

Jenny da Silva (M.Ed. (Ed Psych) (UJ); B.Ed. (Hons) (Ed Psych) (RAU); B.Ed. (Life Orientation) (RAU)) is a registered Educational Psychologist in private practice in Radiokop, Roodepoort / Randburg, South Africa. She is a fellow director of the Milton H. Erickson Institute of South Africa. She received her training as an Ericksonian psychotherapist and Ego-State Therapist through the Milton Erickson Institute of South Africa (MEISA). She is also trained in Eye Movement Integration (EMI) and Somatic Experiencing (SE). She has presented at international and national conferences on the utilization of Ericksonian Principles in conjunction with ego-state interventions with children. She is regularly consulted by journalists and the media on various topics. She is currently pursuing her Ph.D in Ericksonian and Ego-state approaches to grief. Jenny works from a transtheoretical approach where the client's readiness for change is taken into account and therapy is tailored to the individual's needs and strengths. Therapeutic modalities of Ericksonian hypnotherapy, Ego State Therapy, Creative-Expressive Arts, EMI and Somatic Experiencing are used.

Edwards, Dave (Ph.D) – South Africa

David Edwards trained in cognitive therapy in Philadelphia at Aaron's Beck's Centre for Cognitive Therapy in 1984/5 and is a founding fellow of the Academy of Cognitive Therapy. A practising therapist for nearly

thirty years, he was a pioneer of the integration of imagery techniques into cognitive therapy and has published book chapters and articles on this topic. His recent research has involved writing case studies of the treatment of PTSD in the South African context. He is certified as a schema therapist with the International Society for Schema Therapy (ISST). This is an integrative approach to therapy developed for complex cases which incorporates cognitive, behavioural, relational, and experiential methods. He lives in Cape Town from where he runs a training programme in Schema Therapy leading to accreditation with the ISST. He has a post-retirement research and teaching contract at Rhodes University, where over a long career, he has published over 70 academic articles and book chapters, co-edited two editions of a first year text book and is the co-author of *Conscious and unconscious*, a book in the series "Core concepts in Psychotherapy."

Els, Christie (MA Psych) – South Africa

Christie Els obtained a Master's Degree in Psychology through the University of the Free state in 1990, and specialises in forensic evaluations and testimony for the Family Court system and the Children's Court, which include the psychological factors affecting motive, child sexual abuse, physical and psychological abuse and exploitation, families and children of divorce, and mediation and facilitation of parenting plans and family matters. In private practice Ms Els also conducts advanced hypnotherapy and specialised trauma counselling. She was a part-time lecturer of Master's Degree psychology students at the University of the Free State, and a presenter at the African and International Trauma Convention in 2008 and 2010 respectively. In 2013, Ms Els was appointed as Facilitator to a matter involving severe Parental Alienation, and resulted in her consulting with international experts on the subject

Hartman, Woltemade (Ph.D) – South Africa

Woltemade Hartman is a Clinical/Educational Psychologist and psychotherapist in private practice in Pretoria, South Africa. He received his training as an Ericksonian psychotherapist at the Ericksonian Foundation in Phoenix, Arizona, USA. Dr Hartman also trained as an Ego State therapist with professor J.G. Watkins and the late Mrs. H. Watkins in Missoula, Montana, USA. He is the author of "Ego state therapy with sexually traumatized children" and "Einführung in die Ego-State Therapie", as well as various articles on the topic of hypnosis and psychotherapy. He is the founding director of the Milton H. Erickson Institutes of South Africa (MEISA). Dr Hartman lectures in South Africa, Europe, Australia, Canada, USA, Scandinavia and China. He is currently teaching on an annual basis for the Milton H. Erickson Society of Germany (MEG), and the Milton Erickson Society of Austria (MEGA). Dr Hartman has been a keynote speaker at various international congresses and is an invited keynote speaker at the 1st World Parts Therapy Congress in Heidelberg Germany (2011). He is also co-organiser of this congress. Dr Hartman has been accredited by Danie Beaulieu Ph.D and the Académie Impact in Québec, Canada, to conduct training in Eye Movement Integration (EMI) internationally. Dr Hartman is the recipient of the 2009 Early Career Award for Innovative Contributions to Hypnosis from the International Society of Hypnosis. He is also trained in Eye Movement Desensitization and Reprocessing (EMDR), Eye Movement Integration (EMI), EdxTM (Energy Psychology), Impact Therapy, Mindfulness Techniques and Somatic Experiencing (SE).

Hattingh, Callie (M.A. Clin. Psych.) – South Africa

Callie Hattingh is a clinical psychologist in private practice in George, South Africa. He is the director of the Milton H. Erickson Institute of Cape Town South Africa (MECSA) and the organizer of the first MEISA trauma congress in George, 2008. He received his training as an Ericksonian- and Ego State therapist with the South African Society of Clinical Hypnosis (Diplomate Status), Woltemade Hartman (Ph.D), founding director of the Milton H. Erickson Institutes of South Africa (MEISA), Jeffrey Zeig (Ph.D) and Brent Geary (Ph.D) from the Ericksonian Foundation in Phoenix, Arizona, USA. He has attended workshops by Prof. John Watkins (Ph.D) and Mrs Helen Watkins (MA Clin.Psych), founders of Ego State Therapy. He is a South African representative on the committee of Ego State Therapy International (ESTI) and has presented

workshops at all five World Congresses on Ego State Therapy in Germany and in South Africa since 2003. Callie is involved in the training of psychotherapists and students in Ericksonian- and Ego State Therapy since 2001. He is also trained in Eye Movement Desensitization and Reprocessing (EMDR), Eye Movement Integration (EMI), Energy Psychology (EdxTM) and Somatic Experiencing (SE). He presents nationally and internationally.

Huyssen, Karin (MA.Clin.Psych) - South Africa

Karin Huyssen started her career as an occupational therapist and worked in that field for six years, both in South Africa and Europe. She is a clinical psychologist in private practice, Pretoria. Since 2004 Karin presents regular constellations workshops. She is part of the first generation of Family and Systems Constellations facilitators in South Africa and offers training and supervision in this intergenerational healing modality. Karin is a board member of the newly formed Systems Constellations Association of South Africa (SCASA). Her special interest is working with trauma in its various manifestations, and when working with constellations – in groups and individual settings- she includes elements of Somatic Experiencing®, SHIP® and Ego-State Therapy.

Leinberger, Kate (Ph.D) – South Africa

Kate Leinberger, PhD received her counselling psychology graduate degree from Texas A&M University. Her thesis, Measuring Mindfulness in Meditators and Examining How Aspects of Meditation Practice Affect Overall Mindfulness provides a practical view to understanding how to apply mindfulness and meditation training in a clinical context. Prior to her graduate work, Kate worked in San Francisco in an acute inpatient psychiatric facility for five years. She has since specialized in using mindfulness to work with diverse populations. Kate is a committee member of the Institute for Mindfulness, South Africa (IMISA) and the co-convenor of the upcoming international conference, Mindfulness Matters: Science and Application in an Emerging Society (September, 2014).

Loubser, Heleen (M.Sc.Clin.Psych) - South Africa

Heleen Loubser is a clinical psychologist in private practice for the past 15 years in Cape Town, South Africa. She was part of a multidisciplinary team in a health medical organization and also lectured part-time at North-West University. She was trained by the founder of Trauma Releasing Exercises (TRE), Dr David Bercelli, as a TRE teacher and runs TRE groups. She is registered by the SA Society for Clinical Hypnosis: Phase III Advanced in Traditional Hypnotherapy, Medical Hypno-analysis, Ericksonian-, and Egostate hypnotherapy. She is a member of the Health Professions Council of South Africa (HPCSA). She specialised in Hypnotherapy, EMDR (Eye Movement Desensitisation & Reprocessing), EMI (Eye Movement Integration), SE (Somatic Experiencing) and Energy Psychology. She is an advanced Life Alignment practitioner. She is also part of medical team presenting a Metabolic and Mind Balance Eating programme.

Loubser, Minnie (MA.Clin.Psych) - South Africa

Minnie Loubser is a clinical psychologist in private practice in Stellenbosch, South Africa. She has a Master's degree in Psychology from the University of Stellenbosch (1980) and a Master's degree in Clinical Psychology (UZ, 1993). She lectured at the University of the Western Cape from 1983 to 1989. After relocating to KZN she went into private practice and had a very busy practice in Empangeni from 1994 until 2011. She became a specialist on ADHD in children and adults, internationally and nationally trained and organised conferences and presented workshops on this topic. Minnie also has extensive training in Ericksonian Hypnosis and Psychotherapy and Ego state therapy, starting in 1995 at the Evolution of Psychotherapy Conference in the USA and continuing through the Milton H. Erickson Institute of South Africa (MEISA). Minnie has completed advanced training and is a practitioner of Eye Movement Desensitization and Reprocessing (EMDR). She also received international training in Impact Therapy and advanced training in Eye Movement Integration (EMI) and has been accredited by Dr Danie Beaulieu as an

EMI trainer in South Africa. She also completed advanced training in the Trauma Release Process (TRE) by Dr David Bercelli and Somatic Experiencing (SE) by Peter Levine. Minnie specialises in the treatment of Trauma.

Nel, Joy (M.Ed (Psych.) – South Africa

Joy Nel is an Educational Psychologist in private practice, Craighall, Johannesburg, South Africa. She is currently studying her PHD in Strategic Therapies and Self-Injury. She is involved in the training fellow psychologists in Narrative Therapy and focusing on the utilization of stories and metaphors and art in guiding children and adolescents to cope with issues such as Divorce, Bullying, Trauma, Abuse, Low self-esteem and Self-Injury to mention a few. Joy received her training in Ericksonian Psychotherapy and Hypnosis from the Milton. H Erickson Institute of South Africa (MEISA). Joy has presented workshops at International Congresses for Psychologists in Germany and South Africa. Joy has written a few articles and internationally published chapters on the utilization of an Ericksonian-Narrative approach in therapy. She is currently in the process of writing and publishing therapeutic children's stories as well as a manual to assist adolescents with Self-Injury

Rossouw, Jaco (M.Sc.Clin.Psych) - South Africa

Jaco Rossouw, clinical psychologist, has been in private practice in Cape Town, South Africa for the past 18 years. He consults with children, adolescents, adults and families, from a cognitive-behavioural therapy approach. Jaco is a founding member of the Centre for Cognitive Behaviour Therapy. He is internationally certified as a cognitive behaviour therapist and is an Associate Fellow of the Albert Ellis Institute in New York City. The Centre for CBT co-present the training in REBT of the Albert Ellis Institute in South Africa. Jaco is involved in developing and providing other CBT training to mental health professionals within South Africa. A longstanding interest in the CBT treatment of PTSD has culminated in a research project on treatment of adolescents with PTSD. He is also involved in other research projects as a member of the Centre for CBT.

Sangkasaad Taal, Rachporn (Lic. Phil. I (MSc) - Netherlands

Rachporn Sangkasaad Taal, (MSc) is a certified psychologist, psychotherapist and a Dance & Movement Therapist in private practice in Maassluis, The Netherlands. She received her training as an Integrative Body Psychotherapist (IBP) at the Integrative Body Psychotherapy Institute (IBP) in Winterthur, CH, trained by Dr. Jack Lee Rosenberg, Dr. Marjorie L. Rand, Dr. Markus Fischer. She is also trained in Dance & Movement therapie (BAT) in Vienna, A and Lindau, DE. As a Somatic Experiencing (SE) Practitioner she is trained by Sonia Gomes in Huyssen, NL and by the originator of SE Dr. Peter Levine in Salvador, BR. She is the Vicechair of the European Association for Somatic Experiencing (EASE). She is also a TRE Practitioner and also trained in EMDR and CBT and specialized in pre- and perinatal trauma.

Van der Walt, Tjaart (MA Clin. Psych.) – South Africa

Tjaart van der Walt is a Clinical Psychologist in private practice since 1997 in both George and Mossel Bay, South Africa. He is trained in Ericksonian Therapy, Ego State Therapy, EMI and NLP and makes use of whatever works for the patient. His field of interest (and passion) is the treatment of trauma and grief related problems. He has presented live demonstrations on trauma and grief resolution at international congresses both locally and abroad. He also acts as a service provider for *The Trauma Clinic* and is co-author of a book on trauma ("Deur Trauma"). His most recent presentations were congress workshops on advanced techniques in dealing with trauma, anger and anxiety.

Van Heerden, Elré (MMed (Rad Onc).

Elré van Heerden is a Radiation Oncologist in private practice in George, Western Cape. She received both her pre- and post-graduate qualifications at the University of the Free State. After working as Consultant at

the Oncology Department of the National Hospital in Bloemfontein, she joined the private practice of Dr L Gouws and Partners in George in 2000. Dr van Heerden has been involved in the follow up and active treatment of cancer patients with both chemotherapy and radiation therapy. She has developed a special interest in palliative care and completed a Diploma in Palliative Care at the University of Cape Town. She was one of the founding members of Mount Hope Hospice, a hospice committed to deliver home-based supportive care to patients with advanced cancer in George and Mossel Bay and is still involved in their service.

Van Niekerk, Hetta (M.Ed (Psych.) – South Africa

Hetta van Niekerk is an Educational Psychologist in private practice since 1992, and currently working in George, South Africa. She is trained in EMDR and child-centered play therapy, and also utilises various other art and narrative therapy techniques to facilitate the emotional healing of traumatised children. Attachment issues associated with trauma are of particular interest to her, and in 2010 the article 'Three-year-olds and attachment-related trauma – child's play?' appeared in CARSA, the journal of SAPSAC (*South African Professional Society on the Abuse of Children*). She also does forensic work, mainly for SAPS and the Department of Justice. Her expertise is related to child witnesses, victims of sexual abuse with disabilities, and legal competency. She also offers training in these fields. Currently she is conducting research for a PhD (Law) with the title: "Determining the competency of children with developmental delays to testify in criminal trials" She presented at the 6th Africa Conference on Sexual Health and Rights in Yaoundé, Cameroon during February this year.

Von Cziffra-Bergs, Jacqui (D.Ed (Psych) – South Africa

Jacqui von Cziffra-Bergs (D.Ed Psych) is a psychologist in private practice in Johannesburg, South Africa. She was an associate professor at the University of Johannesburg lecturing therapeutic interventions to Masters and Doctorate students. Dr von Cziffra- Bergs received her training as an Ericksonian psychotherapist at the Milton H. Erickson Institute of South Africa (MEISA) and has upgraded her training at 2 Ericksonian conferences in the United States. Dr von Cziffra- Bergs lectures on Solution Focused Therapy for the Milton H. Erickson Institute of South Africa and at the University of Johannesburg as well as regular therapy workshops for private practitioners. Dr von Cziffra-Bergs has presented workshops in the United States, Russia and the United Kingdom on a range of topics regarding therapeutic interventions.