



**Milton H. Erickson Institutes of South Africa**  
**The Big Five Congress, including the 6<sup>th</sup> World Congress on Ego State Therapy**  
**19-21 February 2016**  
**Mabula**  
**Preliminary Programme**  
**FRIDAY 19 FEBRUARY 2016**

5:00-6:45	<b>SAFARI</b>
7:30-8:15	<b>REGISTRATION: KINGFISHER (New arrivals and day attendees)</b>
8:15-9:00 Kingfisher	<b>OPENING CEREMONY AND WELCOME ADDRESS</b> <b>Woltemade Hartman: Director of The Milton H. Erickson Institutes of South Africa (MEISA) and President of Ego State Therapy International (ESTI)</b> <b>ENTERTAINMENT</b> <b>Performance by Traditional Choir</b>
9:00-12:15	<b>WORKSHOPS (3 Hours)</b> <b>Refreshment Break: 10:30-10:45</b>
Kingfisher	<b>Viro, Claude (France): Hypnosis: Activate the Body to Change the Mind</b>
Marula	<b>Fritz, Elzette (South Africa): Exploring the Shadow and the Light in Ego State Therapy through Creative Expressive Arts</b>
Boabab	<b>Lütgerhorst, Hans-Jörg (Germany): Combining Behaviour Therapy and Hypnotherapy in Treating Social Phobia</b>
Mvubu Deck (In German)	<b>Leutner, Susanne und Cronauer, Elfie (Germany) Heilsame Netzwerke: EMDR und Ego-States</b>
12:15-13:00 Kingfisher	<b>KEYNOTE ADDRESS: Julie Linden (USA), Past-President of The International Society of Hypnosis.</b> <i>Healing the Wounds of Women</i>
13:00-14:30	<b>LUNCH BREAK</b>
14:30-16:30	<b>WORKSHOPS ( 2 Hours)</b>
Kingfisher	<b>Casula, Consuelo (Italy): Emotion-focused Hypnosis to Transform Limiting Emotions into Strengths</b>
Marula	<b>Malherbe, Heleen (United Kingdom): Strengthening the Therapeutic Self, Resilience and Ego States</b>
Boabab	<b>Da Silva, Jenny (South Africa): Ego State Therapy with Children</b>
Mvubu Deck (In German)	<b>Wirl, Charlotte (Austria): Stärkende und Heilende Ego-States aktivieren</b>
16:30	<b>REFRESHMENTS</b>
17:00-19:00	<b>SAFARI</b>
19:45	<b>WELCOME DINNER: BOMA WITH AN AFRICAN FLAIR</b>



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**SATURDAY 20 FEBRUARY 2016**

6:00-8:00	<b>SAFARI</b>
8:30- 9:00	<b>REGISTRATION: KINGFISHER (New arrivals and day attendees)</b>
9:00-12:15	<b>WORKSHOPS ( 3 Hours)</b> Refreshment Break: 10:30-10:45
Kingfisher	Pinco, Susan ( USA): Brainspotting, New Trauma Treatment Protocols
Marula	Linden, Julie (USA) From Eve to the 5 E's: Women and Hypnosis: Integrating Roles and Empowering Voices across the Lifespan
Boabab	Huysen, Karin (South Africa): The Devil made Me Do it: The Doing of Denial and Dissociation. A live Demonstration
Mvubu Deck (In German)	Messmer, Veit (Germany): Hypnotisches Arbeiten mit Persönlichkeitsteilen in der Zahnmedizin (90 min) Trenkle, Bernhard (Germany): Medizinische Hypnose – Ein Überblick (90 min)
12:15-13:00 Kingfisher	<b>KEYNOTE ADDRESS: Sonia Gomes (Brazil)</b> <i>Touch and Embodiment in Complex Trauma</i>
13:00-14:30	<b>LUNCH BREAK</b>
14:30-16:30	<b>WORKSHOPS (2 Hours)</b>
Kingfisher	Carolusson, Susanna (Sweden) Imagery and dreams
Marula	Guse, Tharina (South Africa): Fertilizing, Facilitating and Flourishing: Integrating Positive Psychology in Psychotherapy
Boabab	Zanotta, Silvia (Switzerland) Hypno-somatic Ego State Therapy and Depression
Mvubu Deck (In German)	Cronauer, Elfie und Leutner, Susanne (Germany): Die Körpersprache der Ego-States
16:30	<b>REFRESHMENTS</b>
17:00-19:00	<b>SAFARI</b>
19:00	<b>"THE TREE OF LIFE" CONGRESS DINNER IN THE AFRICAN BUSH</b>



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**SUNDAY 21 FEBRUARY 2016**

<b>6:00-8:00</b>	<b>SAFARI</b>
<b>8:30- 9:00</b>	<b>REGISTRATION: KINGFISHER (New arrivals and day attendees)</b>
<b>9:00-12:15</b>	<b>WORKSHOPS (3 Hours)</b> Refreshment Break: 10:30-10:45
<b>Kingfisher</b>	<b>Gomes, Sonia (Brazil): Tonic Regulation for Trauma Treatment</b>
<b>Marula</b>	<b>Nel, Joy (South Africa): Circles of My-selves...Superimposing Mandala Psychology onto Ego State Therapy</b>
<b>Boabab</b>	<b>Loubser, Minnie (South Africa) Looking Through the Eyes of Trauma: Ego State Therapy, Eye Movement Integration and Somatic Experiencing as Partners in the Rapid and Effective Treatment of Trauma</b>
<b>Mvubu Deck (In German)</b>	<b>Fruth, Sabine (Germany): Imaginäre Körperreisen nach Sabine Fruth: was erwartet mich, wenn ich einen Teil von mir auf die Reise in meinen Körper schicke?</b>
<b>12:15-13:00</b> <b>Kingfisher</b>	<b>KEYNOTE ADDRESS: Hartman, Woltemade (South Africa)</b> <b>25 Years' Experience in Hypnotic Psychotherapy: A Compilation of Interesting Cases</b>
<b>13:00-14:30</b>	<b>LUNCH BREAK</b>
<b>14:30-16:30</b>	<b>WORKSHOPS (2 Hours)</b>
<b>Kingfisher</b>	<b>Howes, Debbie (South Africa): States of Being 'You cannot solve a problem using the same state of thinking used, when it was created.' Einstein</b>
<b>Marula</b>	<b>Allen, Brian (Australia): Changing The Word In The Heart – Building resilience in clients who want to quit Smoking, Alcohol or Drugs</b>
<b>Boabab</b>	<b>Signer-Fischer, Susy (Switzerland): The Treatment of Traumatized Children, Adolescents and Adults: Hypnosis and Hypnotherapeutic Methods</b>
<b>Mvubu Deck (In German)</b>	<b>Wulf, Christian (Germany): Working with Inner Active Cards: ein „etwas anderer“ Zugang zu der Arbeit mit Ego States</b>
<b>16:30</b>	<b>REFRESHMENTS</b>
<b>17:00-19:00</b>	<b>SAFARI</b>
<b>19:00</b>	<b>CONGRESS CLOSING DINNER IN THE BOMA</b>



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