



Milton H. Erickson Institutes of South Africa
Ego State Therapy Safari Mabula Lodge
11-18 October 2022
Workshop Programme Training days

THURSDAY 13 OCTOBER 2022	
6:00	SAFARI
8:30-9:00	REGISTRATION: KINGFISHER (NEW ARRIVALS AND DAY ATTENDEES)
9:00	OPENING AND WELCOME Dr Woltemade Hartman Director Milton H. Erickson Institutes of South Africa
9:30-12:30	WORKSHOPS (3 Hours)
German Tract	Dr Ursula Helle (Germany) Schuld – die ungeliebte Schwester der Selbsterkenntnis
English	Dr Woltemade Hartman (South Africa) Master Demonstration Class: Combining Ericksonian methods, Ego State Therapy and Somatic Experiencing and Clinical Hypnosis in Psychotherapy
12:30-14:30	LUNCH BREAK
14:30-16:30	WORKSHOPS (2 Hours)
German Tract	Silke Grossbach (Germany) Kreativität in der Ego-State-Therapie nutzen mit TIMES: Transparent Imaginary Mapping of Ego States
English Tract	Dr Silvia Zanotta (Switzerland) Ego State Therapy and the treatment of attachment trauma
17:00	SAFARI

FRIDAY 14 OCTOBER 2022	
6:00	SAFARI
9:00-9:30	REGISTRATION: KINGFISHER (NEW ARRIVALS AND DAY ATTENDEES)
9:30-12:30	WORKSHOPS (3 Hours)
German Tract	Claudia Müller-Quade (Germany) Der Körper unser Botschafter und Informant in der Ego-State-Therapie: Ego-State Therapie unter Einbeziehung der Auswirkungen von Trauma auf die verschiedenen Körpersysteme
English Tract	Carl Hattingh (Australia) Living the Freedom: A Journey with Dissociative Identity Disorder (DID)
12:30-14:30	LUNCH BREAK
14:30-16:30	WORKSHOPS (2 Hours)
German Tract	Daniela Müller (Germany) „Zurück in die Zukunft“ - Ego-State-Therapie auf der Timeline
English Tract	Dr Elzette Fritz (South Africa) Exploring ego states that bring light to darkness: An ego states and expressive arts therapy workshop that explores post-traumatic growth
17:00	SAFARI



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SATURDAY 15 OCTOBER 2022	
6:00	SAFARI
9:00-9:30	REGISTRATION: KINGFISHER (NEW ARRIVALS AND DAY ATTENDEES)
9:30-12:30	WORKSHOPS (3 Hours)
German Tract	Dr Silvia Zanotta (Switzerland) Scham, die versteckte Emotion - von Ohnmacht zu Stärke und Triumph mit Ego-State-Therapie und Körperwissen
English Tract	Joy Nel And Elzette Fritz (South Africa) Into the Labyrinth with Ego State Therapy: An expressive art therapy practical workshop
12:30-14:30	LUNCH BREAK
14:30-16:30	WORKSHOPS (2 Hours)
Plenary session	Panel Discussion/Podium Diskussion Ego State Therapy with or without hypnosis? Woltemade Hartman, Carl Hattingh, Wendy Lemke and Claudia Müller-Quade What is an Ego State? Woltemade Hartman, Carl Hattingh, Silke Grossbach, Margarethe Kruczek-Schumacher
17:00	SAFARI



SUNDAY 16 OCTOBER 2022

LEISURE DAY

EGO STATE THERAPY PERSONAL EXPERIENCES, SUPERVISION AND CONSULTATION SESSIONS WITH ACCREDITED ASSISTANTS AND SUPERVISORS

PERSONAL YOGA SESSIONS - AFSHIN AMIRSADRI



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MONDAY 17 OCTOBER 2022	
6:00	SAFARI
9:00-9:30	REGISTRATION: KINGFISHER (NEW ARRIVALS AND DAY ATTENDEES)
9:30-12:30	WORKSHOPS (3 Hours)
German Tract	Dr Woltemade Hartman (South Africa) Die nichthypnotische „Stuhltechnik“ in der Ego-State-Therapie
English Tract	Wendy Lemke (United States of America) Ego State Therapy Strategies for Developmental Repair Based on Attachment Theory and Developmental Psychology
12:30-14:30	LUNCH BREAK
14:30-16:30	WORKSHOPS (2 Hours)
German Tract	Margarethe Kruczek-Schumacher Margarethe Kruczek-Schumacher: “Wingwaves“ meet Ego-State-Therapie: Augen Therapie für Trauma
English Tract	Claudia Müller-Quade (Germany) Ego State Therapy and the work with the inner or outer Reflecting Team
17:00	SAFARI

TUESDAY 18 OCTOBER 2022	
6:00	SAFARI
9:00-9:30	REGISTRATION: KINGFISHER (NEW ARRIVALS AND DAY ATTENDEES)
9:30-12:30	WORKSHOP (3 Hours)
Plenary session	Margarethe Kruczek-Schumacher and Afshin Amirsadri (Germany) Yoga and energy psychotherapy based interventions in (trauma) psychotherapy
12:30-14:30	LUNCH BREAK
14:30-16:30	WORKSHOP (2 Hours)
Plenary session	Dr Silvia Zanotta (Switzerland) Ego State Therapy Clinical demonstration and discussion
17:00	SAFARI



***Caveat:* The programme is subject to change without prior notification. MEISA will not be held accountable in the event of any changes to the programme.**